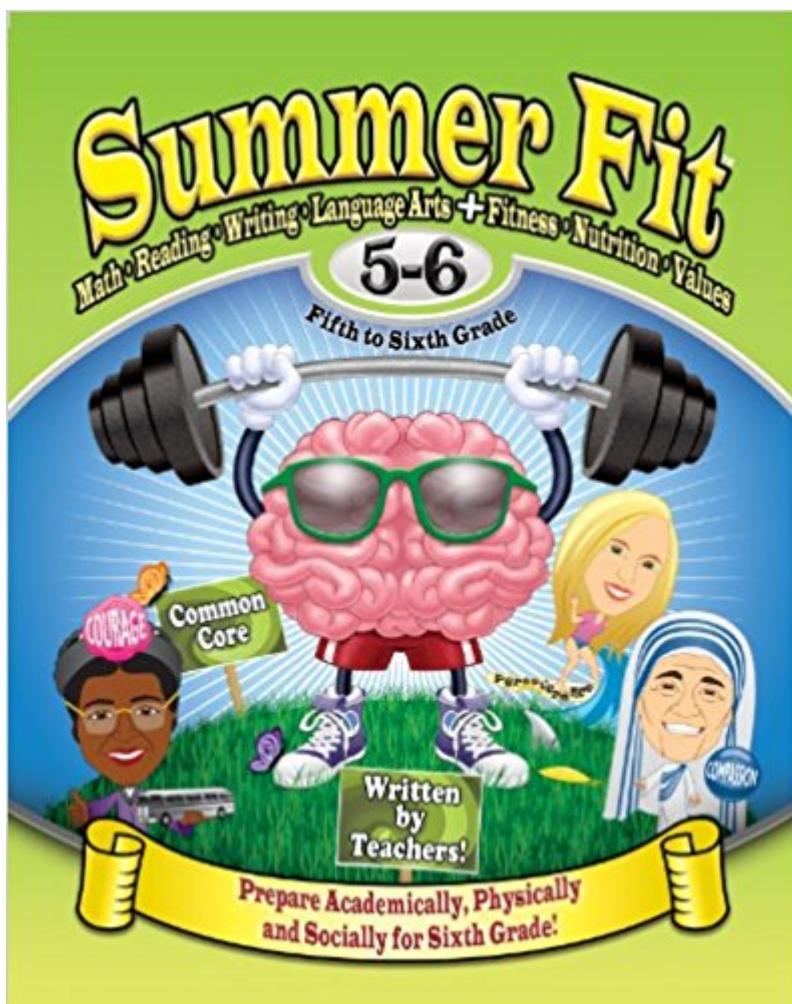


The book was found

# Summer Fit Fifth To Sixth Grade: Math, Reading, Writing, Language Arts + Fitness, Nutrition And Values



## **Synopsis**

Summer Fit Activity Books move summer learning beyond academics to also prepare children physically and socially for the grade ahead. Academic exercises are based on Common Core standards and include skills in math, reading, writing, language arts and science. Fitness exercises are designed to jump start the recommended 60 minutes of active play a day that children need to grow up healthy. Role models from throughout the world including Rosa Parks, Bethany Hamilton and Mother Teresa help reinforce core values such as honesty, respect and trustworthiness. Summer Fit extends the summer learning experience online with free reading and math digital downloads, book reports, health and wellness activities and fitness videos. \* Based on Common Core: math, reading, writing, language arts and science \* Exercises jump start the recommended 60 minutes of daily movement and play \* Role models reinforce core values, good character and social skills \* Integrated academics and physical activities reinforce the importance of the body-brain connection \* Free digital downloads

## **Book Information**

Series: Summer Fit (Book 9)

Paperback: 176 pages

Publisher: Summer Fit Learning; 1 edition (April 16, 2013)

Language: English

ISBN-10: 0985352620

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Product Dimensions: 8.3 x 0.5 x 10.7 inches

Shipping Weight: 14.4 ounces

Average Customer Review: 4.0 out of 5 stars 26 customer reviews

Best Sellers Rank: #681,445 in Books (See Top 100 in Books) #85 in Books > Children's Books > Growing Up & Facts of Life > Health > Fitness #140 in Books > Health, Fitness & Dieting > Exercise & Fitness > For Children #584 in Books > Education & Teaching > Schools & Teaching > Parent Participation

Age Range: 9 - 11 years

Grade Level: 4 - 6

## **Customer Reviews**

I have been in the entertainment industry making movies for families and young people for over 35 years and it is a rare to run into an educational workbook that is so relevant to both parents and

children and presented in such a fun and engaging way for both. Summer Fit speaks to today's families and uses the world of technology and print to bridge the worlds of fitness and education. It is cool, it is fun and above all will make a difference in the lives of children who use it- -- Tim Nelson, Children's Filmmaker; Feature Films for Families

Leland has worked in education for over 40 years in varied roles as Vice Principal, Seventh Grade English teacher and currently as a substitute teacher at the International School in Atlanta, Georgia. His career in education has taken him around the country and he has authored over 100 books including the bestselling All Around the World geography series and Summer Bridge Activities grades 6-7 and 7-8.

Revision 7/11/16 - I attached a scan of one of the pages in my Son's 5th to 6th grade workbook. I find this appalling! Asking our kids to dumb themselves down to a conversational level of popular texting culture is just about the exact opposite of the educational process. I could go my whole life without my kids being efficient texters and I would be just fine with that, and my sneaking suspicion is that kids pick this up well and good on their own, they certainly don't need any help with the basics. I had given these books 5 stars, I'm bumping them down to 3. I'll probably go with the other major brand next year, that's how off putting I find this to be! I can't say enough about these books, I get them every summer and the loss of scholarly ability is greatly reduced....or else my kids are just brilliant. I tend to think it is a combination of both! You've probably heard the adage "use it or lose it" well it totally applies to your kids over summer break. It takes them maybe 5 minutes to do a page, 10 minutes tops. I tear out the sheet and leave it on the breakfast table and they just churn them out. Since I am also the meanest parent ever I buy another brand of summer workbooks and I ask them to do 2 pages front and back, seriously it takes them 20 minutes or less total. They occasionally complain, but when school starts back up in the fall they never complain about doing regular homework because they are already in the habit. These workbooks are my secret weapon, and I don't know why I'm telling you my secrets. Get them, USE them, and everyone is happier in the long haul. When your kid graduates college and becomes a rocket scientist for NASA, remember to thank that one guy on who recommended the summer workbooks!

I really like these books for several reasons; they give a value for the week that you can incorporate into family discussions or activities, the exercise assignments give options and there is a guide of all kinds of different exercises and how to do them at the beginning of the book, kids only have to

complete one worksheet (front and back) each day to complete their week, at this grade level there is also a journal in the back of the book so the kids can journal summer activities. Get this book before the first day of summer to allow yourself to read the first few pages that set you up to use the books and plan on using some of the other resources that are online if you choose. This is my second year buying these books for three different age groups. I will buy them again next year too.

I've been buying these for the past few summers. With a few typos and minor errors, they're certainly not perfect but I'm happy enough with them to continue purchasing them. Some of the pages are quick and easy, others have my kids struggling for 30 minutes or more. How much your kids gets out of it depends a lot on how much the parent puts into it. I always work with my kids, have them fix their mistakes, etc. Some days they may hate it and you may feel like a bad guy for not letting them rot their brains for 2.5 months but, as I remind my kids, they'll thank me for this when school starts back up and they haven't forgotten everything they learned last year.

The math might be okay, but the reading comprehension sections are riddled with errors and bad writing practices. I actually had my daughter stop doing those sections, because I saw more harm than good in it. Will be buying a different brand next year.

Typically these are good books and have worked well every summer for my kids. I'm still not sold on the common core method for some things but these books are generally inline with what they teach in school.

This book is all you need to keep your soon to be 6th grader busy in the summer! It breaks down all subjects into small daily activities, provides a list of books to read that corresponds to the theme of the week, has healthy eating/ lifestyle tips, and gives tips for parents. The pages are perforated so it's easy to work on. I love this book!

This is a good review of 5th grade skills. My daughter is enjoying it. The only thing I would suggest for the publisher is for a section in the back for parents or tutors that reviews the steps to solving the math problems. Some of them are challenging and when my daughter doesn't remember how to solve them, I have to go online to get help.

These are our favorite summer workbooks. I love how they are organized and how well they

combine and cover all the topics. We have been using these for years and will continue to buy these.

[Download to continue reading...](#)

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